



ROCK ISLAND TRAIL

WELCOME!

JANUARY TRAIL PLAN

The 2022 Trail-A-Thon is your chance to explore every inch of trail by biking, running,

or walking! Our goal is for people to see and appreciate the great trail system in Lincoln. This month's trail is Rock Island, which takes you south into Lincoln with scenery that includes the

Lincoln Children's Zoo, local parks, and schools. It's mostly flat trail that's easy to follow. Enjoy! **TRAIL**

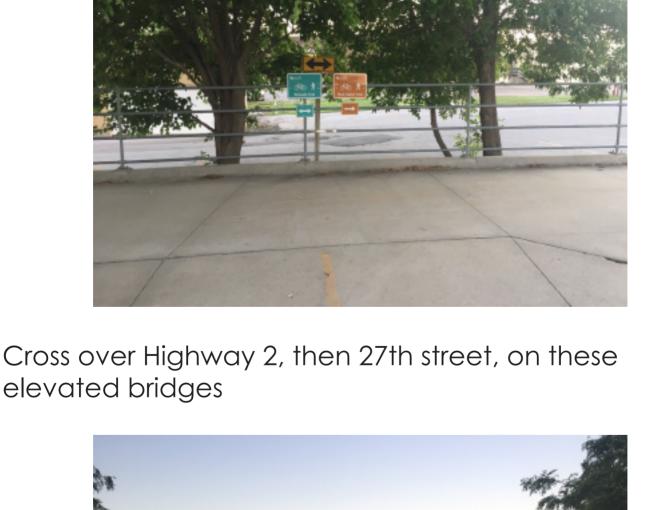
Lincoln Children's Zoo, by the Hamann Rose Garden.

If you start at the north end of the trail, park at the

You'll have to walk north down the ramp to the intersection of the Rock Island and Billy Wolff trails. This is where we started for this guide.







The trail crosses Old Cheney Rd. – and intersects the Old Cheney Trail – here just east of 14th Street. As you approach Densmore Park and the Cooper YMCA you'll see the GPTN Connector Bridge. If you have time for a detour follow the path to the bridge for a great

view.



The trail ends at 14th & Pine Lake Rd., right outside of Lincoln Southwest High School.

END

THANK YOU

Stay safe, active & healthy. We look forward to seeing you on the trails! ____