TRAIL TREK LIGHTNING/INCLEMENT WEATHER POLICY

If there is lightning at the START of any given route, the course official(s) may delay your starting time until the lightning clears.

➤ If there is lightning in the area of the Start Line, Haymarket Park, during the start of your designated route time, please wait in a safe place (i.e. your car).

➤ For every 30 minutes that lightning persists after your designated route start time, the START time will be delayed.

Do not start the route until you've received specific starting instructions via 1) Text Message
Website/Facebook

Lightning Rule | On Course

If you see lightning on the course after the route has started, be safe and get off the road/trail and head to the safest coverage (park shelter, trailhead bathrooms, commercial establishment, etc.) Follow these procedures:

➤ If lightning clears within 30 minutes please continue your ride or head back to the Haymarket Park.

 \succ If lightning persists longer than 30 minutes, please either check the website, facebook or call Nancy Loftis at 402.304.0452 for information as to the status of the ride.

> Resume riding at your own risk 30 minutes after the last strike.

➤ Note: The On-Course Lightning Rule is an individual decision and "self-regulated" procedure designed to keep riders and volunteers safe while also keeping Trail Trek moving as the lightning subsides. Volunteers are asked to not "enforce" the On-Course Lightning Rule. Rather weather updates will be provided to riders and volunteers as best as possible via 1) Text Message and 2) SAG Stop volunteers to help riders make informed decisions. Error on the side of caution when implementing this procedure and only continue when you are confident there is no more lightning in the area. Again, this is procedure is self-regulated by each rider.

Resources for radar & lightning:

- > NOAA.gov | Radar or weather maps
- Lightning Smart Phone Apps

FREQUENTLY ASKED QUESTIONS | LIGHTNING RULE

Our goal with Lightning Rule procedures is to provide a safe experience for all riders and volunteers while also keeping Trail Trek running smoothly. We want everyone to get as much of the route in as possible. The Lightning Rule procedures allow the day to continue even with possible temporary delays for thunderstorms. Thank you for reading and understanding these procedures prior to TRAIL TREK and thank you in advance for your preparation and patience if lightning procedures are needed on TRAIL TREK day.

START LINE

1. If it is lightning when we are arriving for our starting wave, what should we do? Answer: Follow the Start Line Lightning Rule procedures and wait for instructions from 1) Text Message 2) Instructions on the website/Facebook or 3) SAG Stop Volunteers.

2. If our route start is delayed due to lightning, how will we know when to start the ride? **Answer:** Refer to the Start Line Lightning Rule procedures. Wait for starting instructions from 1) Text Message or 2) SAG Stop Volunteers.

ON COURSE

1. Will volunteers "enforce" the Lightning Rule and stop us from riding? Answer: No. Volunteers will simply tell you to follow the On-Course Lightning Rule procedures. The On-Course Lightning Rule procedures are individually implemented and self-regulated. Error on the side of safety and do not ride if there is lightning in the area.

2. Will volunteers tell us we when we can start riding again? Answer: No. Volunteers will tell you to follow the On-Course Lightning Rule. The On-Course Lightning Rule procedures are individually implemented and self-regulated. Error on the side of safety and do not ride if there is lightning in the area.

3. What lightning related weather information is available to me to assist me in following the On-Course Lightning Rule? Answer: Besides observing the weather in your area, TRAIL TREK officials will communicate location specific weather information via volunteers as well as text message, website and Facebook. Also, monitoring weather outlets, maps and radars such as may be useful. Lightning Smart Phone app are also recommended that can tell you if lightning is in your area, how close and how frequent.

4. Is it possible for TRAIL TREK to be cancelled due to lightning? Answer: Yes, unfortunately if there is prolonged delays or hazardous conditions, TRAIL TREK may be cancelled. However, we will make every attempt to get in as much of the ride as possible during the day. TRAIL TREK officials will be in touch via volunteers as well as text message, the website, Facebook and email if TRAIL TREK is cancelled.

Recommended Team Resources ➤ NOAA.gov or Radar or weather maps ➤ Lightning Smart Phone Apps