

### October Trail Plan

Jamaica North Trail

### WELCOME

The 2020 Trail-a-Thon is your chance to explore every inch of trails in our area by running, jogging or walking! Our goal is for more people to see and appreciate the great trail system in Lincoln!

Each month, we'll send Trail-a-Thon participants a guide to that month's trails. This month's trail route will highlight all 7.92 miles of the Jamaica North Trail – a shaded, flat trail that'll be perfect for the hot summer months.

We hope to make the Lincoln Trail-a-Thon an experience that you will never forget!

### JOIN US!

Join our community on Facebook to get updates, and post photos from the trail!

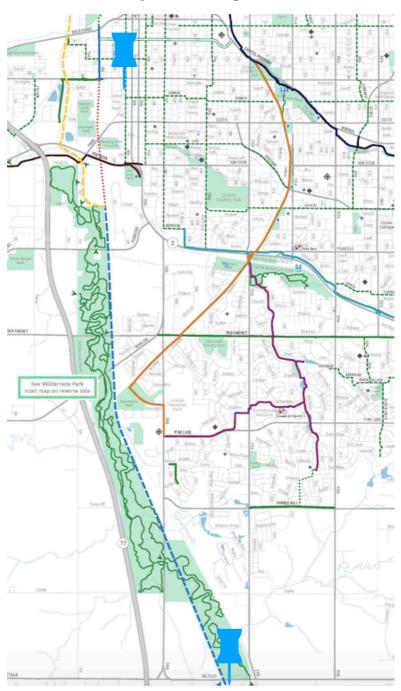
**Facebook Page** 

**Interactive Trail Map** 

**Downloadable Trail Map** 

# Jamaica North Trail

**7.92 MILES** 



# Jamaica North Trail

This month's trail is the Jamaica North Trail, extending from downtown Lincoln to south Lincoln (Saltillo Rd.) and providing great scenery. Plus, three other advantages to run/walk this trail:

- 1. It's shaded
- 2. It's straight
- 3. It's flat, with little to no hills.

You can either start downtown (4th & J) or at Saltillo Road. There are not many other parking options along the trail, but if you don't want to run it all at once, you could start at the trail parking area behind Good Life Fitness. From there, it is a short 0.70 mile walk to where it intersects with the Salt Creek Trail.

Enjoy!

### START

If you start downtown park at 4th & J Streets, right on the street.



## START

You'll see this trail sign at the start.



When you see this sign, go under the A Street Bridge.



This is the crossing at Park Blvd., just after Sherman Field and right before Good Life Fitness.



Jamaica North meets the Salt Creek Trail here – make sure you stay straight to stay on Jamaica North.



This bridge will eventually connect Jamaica North with the Rock Island Trail.



## **END**

This is the trail sign you'll see where the trail meets Saltillo Rd. and turns into the Homestead Trail.



### **THANK YOU**

Stay safe, active & healthy. We look forward to seeing you on the trails! Post your photos to the Facebook page and be sure to come back in November for more trails!