



July Trail Plan

Rock Island Trail

WELCOME

The 2021 Trail-A-Thon is your chance to explore every inch of trails in our area by running, jogging or walking! Our goal is for more people to see and appreciate the great trail system in Lincoln!

Each month, we'll send Trail-A-Thon participants a guide to that month's trails. This month's trail is the Rock Island Trail, which takes you south into Lincoln with scenery that includes the Children's Zoo, local parks, schools, and a sneak peek at a future trail expansion. It's a mostly flat trail that's easy to follow. Enjoy!

We hope to make the Lincoln Trail-A-Thon an experience that you will never forget!

JOIN US!

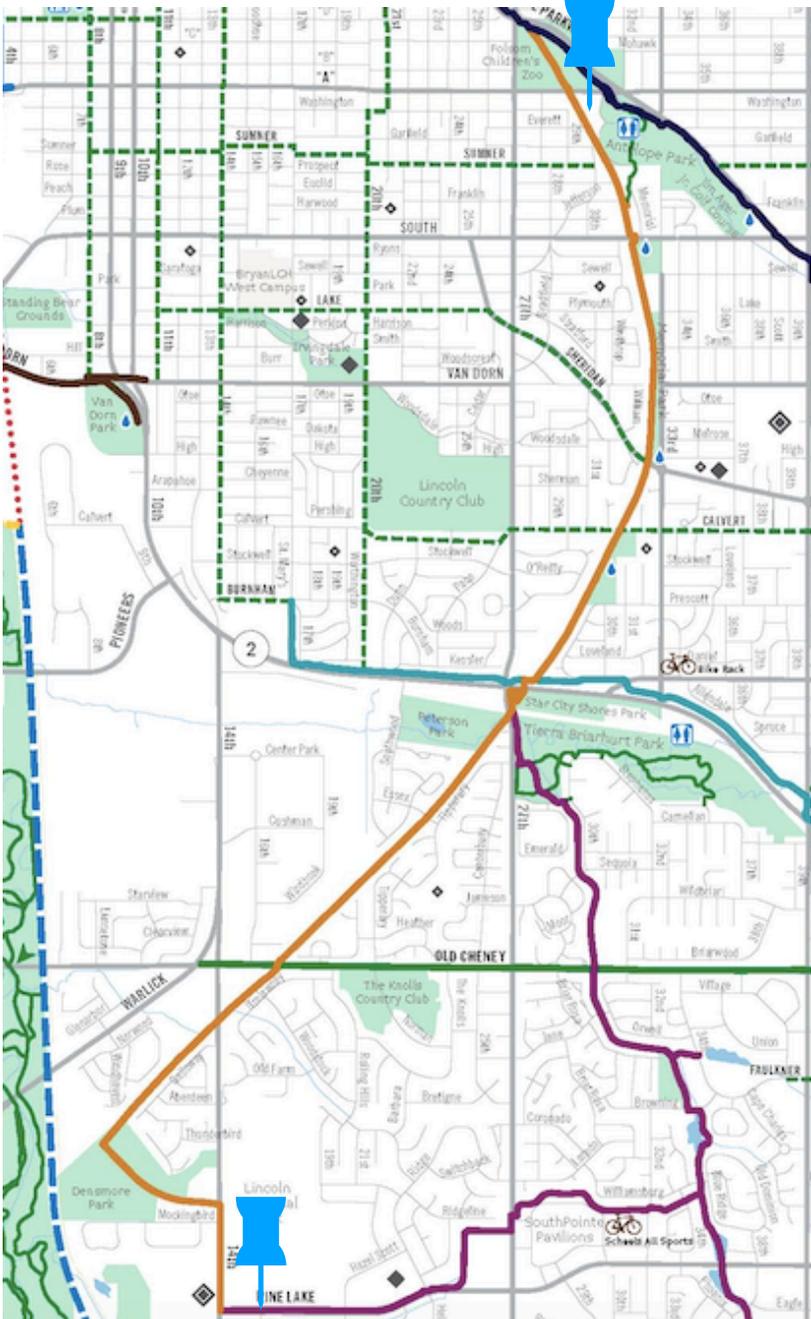
Join our community on Facebook to get updates, and post photos from the trail!

[Facebook Page](#)

[Downloadable Trail Map](#)

Rock Island Trail

5.54 Miles



Rock Island Trail

If you start at the north end of the trail park at the Lincoln Children's Zoo, by the Hamann Rose Garden. You'll have to walk north down the ramp to the intersection of the Rock Island and Billy Wolff trails. This is where we started for this guide.

If you start at the south end, you can park at Lincoln Southwest High School. If you park here, walk to the sign at 14th & Pine Lake, where Rock Island meets the South Pointe Trail.

Follow the brown directional signage to stay on this trail, and when you're near the Cooper YMCA on 14th Street, follow the yellow dashed lines to stay on the trail.

START

Just north of the zoo – looking at 27th & Capitol Parkway – you’ll see the sign where these trails intersect. This is the start of the Rock Island Trail.



ROCK ISLAND TRAIL

Coming up the hill you'll see this sign pointing you to stay on Rock Island.



ROCK ISLAND TRAIL

This is the same sign as the previous page, just coming from the other side (from the south).



ROCK ISLAND TRAIL

The trail approaches Highway 2, where it intersects with the Boosalis Trail. The bottom photo is at the north end of the bridge that takes you over Highway 2.



ROCK ISLAND TRAIL

Cross over Highway 2, then 27th street, on these elevated bridges.



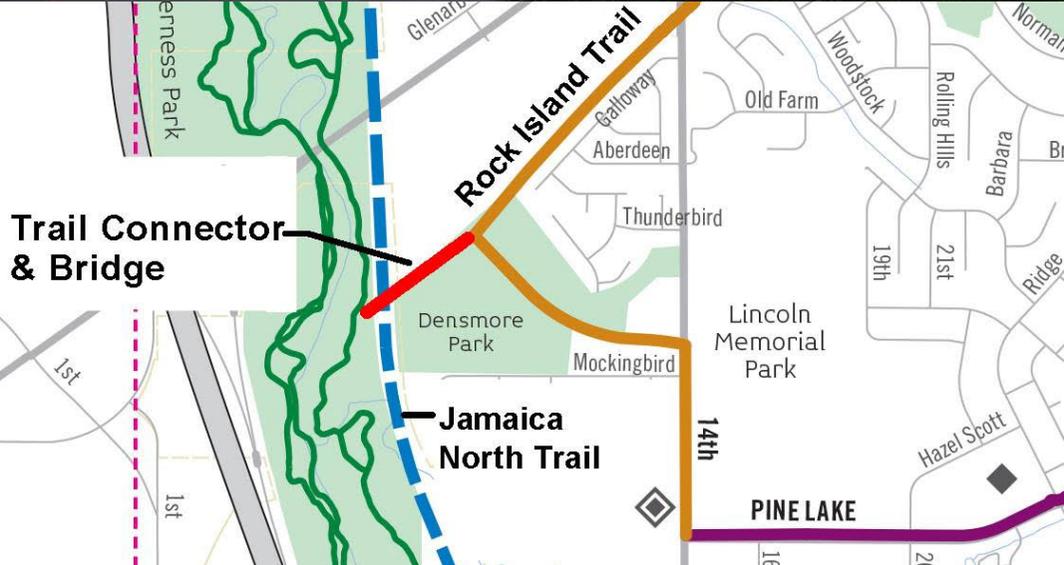
ROCK ISLAND TRAIL

The trail crosses Old Cheney Rd. – and intersects the Old Cheney Trail – here, just east of 14th Street.



ROCK ISLAND TRAIL

As you approach Densmore Park and the Cooper YMCA you'll see a sneak preview of the new trail connection to Wilderness Park!



END

The trial ends at 14th & Pine Lake Road, right outside of Lincoln Southwest High School.



THANK YOU

Stay safe, active & healthy. We look forward to seeing you on the trails! Post your photos to the Facebook page and be sure to come back in August for more trails!